

Slips, trips, and falls in the workplace can be prevented fairly easily.

# Preventing Slips, Trips, and Falls at Industrial Sites

## A Guide for Employees

### Slips, trips, and falls Do's and Don'ts

#### DO:

- Practice good housekeeping.
- Keep your work area uncluttered.
- Cover extension cords in walkways.
- Wear slip-resistant shoes.
- Use a stepladder to reach high objects, not a box or a chair.
- Pay attention to potential obstacles in your path.
- Clean up or report all spills.
- Inspect and use assigned personal protective equipment.
- Report any burned out lights right away.
- Walk.

#### DON'T:

- Don't carry a stack of objects too tall to see over.
- Don't use damaged ladders.
- Don't store anything on stairways.
- Don't jump off platforms or ramps.
- Don't horseplay.
- Don't run.

